I. CHESTER COUNTY COMMUNITY FOUNDATION
GRANT PROPOSAL SUMMARY SHEET

One page only. This page will be shared electronically with Grant Committee Members & Fund Advisors. Note: If Philanthropy Network Greater Philadelphia’s Common Grant Application is used, the CCCF’s Summary Sheet MUST accompany application. To obtain an electronic version of this application, visit www.chescocf.org

Date: October 2015

Contact Information:
Organization Name: Community Volunteers in Medicine Contact Name: Denise Mahal
Address: 300B Lawrence Drive, West Chester, PA 19380 Contact Title: VP of Development
Phone: 610-836-5990 Contact E-mail: dmahal@cvim.org
Fax: 610-836-5998 Year Incorporated: 1998
Website: www.cvim.org

Has your nonprofit ever applied to the Community Foundation? Yes _X_ No__ Not Sure__
Has your nonprofit ever received funding from the Community Foundation? Yes ___ No__ Not Sure__
_X_ Donor Advised Fund(s) ____ Fund for Chester County ____ Don’t know/Not sure

Field/s of Interest:
___ Arts, Culture & Humanities ___ Environment/Animal Welfare ___ Education
_X_ Health ___ Human Services ___ Religion

Organization Information:
Geographic Area Served: All of Chester County
Describe Population Served and Annual Number of People Served:
CVIM serves the healthcare needs of uninsured and under-insured, low-income adults and children living or working in Chester County. We serve more than 3,000 patients who earn income at or below 300% of the Federal Poverty Level and who are not eligible for other government subsidized programs.

Mission: Community Volunteers in Medicine provides compassionate primary medical and dental care and health education to people who lack access to insurance and who live or work in Chester County in order to support their goals to lead productive, healthy, and hopeful lives.

Proposal Summary: CVIM is seeking general operating funds to support the provision of free medical and dental care and prescription medicines to help adults and children regain and maintain their health. Our services provided primarily by volunteer licensed clinicians include primary medical care, cardiology, orthopedics, gynecology, dermatology, acupuncture, social service counseling and comprehensive preventative and restorative dental care. Our medical and dental services are enhanced by our onsite drug dispensary that ensures that our patients leave with the free medications necessary for them to regain or maintain their health. Our healthcare professionals focus on disease management and patient education as a large percentage of the clinic’s patients suffer from chronic disease such as diabetes, oral disease and hypertension.

If Capacity Building Proposal:
___ Mission, Vision & Strategy ___ Governance & Leadership ___ Strategic Relationships
___ Fundraising & Development ___ Operations ___ Other: ____________________________

Annual Budget $2,919,000 ___ 21 ___ # of Full-Time Equivalent Paid Staff
92 % of budget for program expenses ___ 19 ___ # of Board Volunteers
4 % of budget for administrative expenses ___ 380 ___ # of Active Non-Board Volunteers
4 % of budget for fundraising expenses ___ 55,866 ___ # of Volunteer Hours

Grant Amount Requested from CCCF: Donor advised gifts of any amount are greatly appreciated.
A History of Growth and Adaptability

CVIM was founded in 1998 as a 501c3, free clinic staffed primarily by volunteers to address the need for increased access to high quality primary medical and dental care and free prescription medications for uninsured, vulnerable adults and children living in poverty - the working poor who have no place to turn for care. Studies at that time estimated that 6 to 9% of the county’s population was uninsured or underinsured. Aware of this strain on communities and healthcare systems, the Paoli Hospital Foundation and its Auxiliary set aside funds in 1996 to develop CVIM and our first patients were treated in 1998. Current census data estimates that 8% of the county's more 512,000 residents or 41,000 people are uninsured. Today, our clinic serves as the premier medical/dental home for thousands of uninsured adults and children living in poverty and near poverty and whose gross income is at or below 300% of the federal poverty level and are not eligible for government programs.

In 2001, CVIM consolidated what had been a two-site operation into a single, newly rehabilitated facility in West Chester where services continue today – five days and one evening a week. In 2009, the clinic expanded by adding two exam rooms and ample space for counseling and education programs. In 2014, we were able to purchase our building and once again expand our physical plant, thus assuring our ability to continue our commitment as the only totally free, comprehensive healthcare home serving uninsured and under-insured families in Chester County. We are most proud that we have never closed our doors to new patients, even during the most recent years when other area clinics have had to curtail services due to extreme spikes in volume and lack of volunteer or financial resources.

Our People and Services

CVIM’s mission and history are founded in community collaboration and partnership. It is a story made possible because of caring people who volunteer their time and talent on a daily basis. They are physicians from prestigious teaching hospitals, specialists of all kinds, nurses, pharmacists and so many others...all focused on providing the highest quality of care delivered with a compassionate, caring touch and with the cultural competency necessary to address a diverse population. Patient services provided in our 13,000SF facility include primary medical care, cardiology, orthopedics, gynecology, dermatology, acupuncture, social service counseling and more, as well as comprehensive preventative and restorative dental care. Our medical and dental services are enhanced by our onsite drug dispensary that ensures that our patients leave with the free medications necessary for them to regain or maintain their health. Our healthcare professionals focus on disease prevention and management and patient education as a large percentage of the clinic’s patients suffer from chronic disease such as diabetes and oral diseases.

Fiscal Year 2015 Accomplishments:

• The CVIM team of 380 clinical and professional support volunteers treated 3,059 unduplicated patients during 31,819 patient visits during 50,866 hours of donated service.
• The eligibility team screened 3,428 new and returning patients for eligibility.
• CVIM Dentists and Hygienists cared for 2,099 patients during 5,541 visits, including serving the oral health needs of close to 800 children living in poverty referred from local school districts and through community outreach programs.
• On average CVIM treated 50 unscheduled dental emergencies every month.
• Through our Transitional Care program 206 uninsured patients discharged from ER's, hospitals and other institutions received continuity of care at CVIM.
• With more than 47% of CVIM medical patients suffering with a chronic disease, we treated 948 patients during 5,293 visits in our Chronic Disease Management program.
• CVIM provided 718 social service sessions, an 18% increase over FY2014.
• A total of 444 GYN patients were seen in CVIM's Women's Clinic with 377 receiving a Pap test and 27 a Colposcopy; 242 received a preventative or follow-up mammogram.
• During more than 8,700 dispensary visits, patients received life-saving prescription medications valued at $2,280,857.

Successes and Challenges

Our greatest success is also our most challenging task—the constant stewardship of our community-based healthcare provider partnerships and the development of new relationships within our community in order to ensure that our clinic can directly provide or refer our patients to a comprehensive array of preventative, diagnostic and therapeutic services. A free clinic that provides basic medical and dental services without the ability to move their patients through a continuum of care will not make a lasting and successful impact on individual health and ultimately will not advance the overall health of a community. Central to our mission is our conviction to serve the healthcare needs of the uninsured so that they ‘may be productive members of the community.’ This is virtually an impossible task without the ongoing support and involvement of other healthcare providers within the community. CVIM has been successful at cultivating, establishing and nurturing relationships with private practice physicians and dentists, outpatient centers, community-based and regional hospitals as well as community-based and government-based agencies that provide safety-net services. During Fiscal Year 2015, CVIM patients received 1,339 referral visits to offsite clinical experts and community partners who provided vital services.
With the support of our current volunteer clinicians we have also been successful at recruiting additional clinical and support volunteers that continually raise the level of care offered to our patients. Additionally because of the level of clinical expertise in our clinic we attract the 'best and the brightest' healthcare profession students. Last year we provided more than 12,000 hours of experiential education to 200 students who gained first-hand experience working with a patient population that truly needed their skills.

**Overall Goals and Objectives**

The overall goal for all of our services and programs has remained constant throughout our 17-year history--to help adults regain and maintain their health so that they may be productive members of our communities and to keep children free of dental pain so that they may thrive in school. The objectives that will lead us to reaching this goal during the grant period include:

- Managing chronic diseases and advancing patient education practices in the clinic and in the community
- Minimizing expensive emergency room visits and hospital admissions particularly for the chronically ill through our Transitional Care program
- Further development of our Dental Outreach Services through satellites serving uninsured, marginalized populations, including Latino communities and seniors unable to afford dental care
- Formalize the integration of a new Behavioral Health Service to serve the growing number of CVIM patients presenting with psycho-social health issues - depression, anxiety, substance and alcohol abuse

Since our founding, we have continued to effectively address the gap in access to healthcare for the uninsured through collaborative relationships with hospitals, healthcare providers, community volunteers, and philanthropists. Our clinic’s growth and the impact we have had on the health of our community are a direct result of our ability to identify areas of need and to collaborate with appropriate partners to jointly address the urgent health issues facing our shared community. **For the purpose of this funding request we would like to highlight two areas that are essential to CVIM’s continued growth and evolution as a safety-net organization and a comprehensive healthcare home for the uninsured—Behavioral Health and Dental Outreach.** Both programs have been identified as essential to meeting significant gaps in access to care in our community during our most recent strategic planning process.

Our **Mobile Dental Outreach Program** increases access to oral health services by bringing licensed dental professionals, equipment and educational outreach directly to underserved/uninsured groups including individuals in remote regions of southern Chester County where there are no free dental services and senior citizens on Medicare who do not have dental insurance and lack access to or cannot afford dental services. Our partnerships with St. Rocco’s Center, Avondale and Surrey Services for Seniors have been vital to this program.

Additionally, CVIM is working on plans to address the growing needs of our **uninsured patient population who suffer from acute and chronic mental health issues (depression, anxiety, substance/alcohol abuse, intimate partner violence)** by adding vital clinical expertise dedicated to advancing and integrating Behavioral Health into our model of care. Last year, our primary care physicians experienced a surge in patients with these issues prompting them to refer 88 patients to our volunteer providers. These patients were seen by our volunteer counselors; many requiring continuing follow up visits and costly medications. Because our mental health resources are primarily volunteers, our patients experience waits of up to 2 months for a psychiatrist visit. In the coming year, we will address the growing needs of the uninsured patient population who suffer from acute and chronic mental health issues by adding vital clinical expertise (paid and volunteer) dedicated to integrating Behavioral Health into our model of care.

**Measuring Results**

The successful implementation of both programs will result in increased access to care for vulnerable uninsured adults suffering from dental neglect and behavioral health issues.

- Through our expanded Dental Outreach Program we anticipate serving approximately 550 new dental patients during more than 1,100 visits over the next two years.
  - Patients will receive initial dental hygiene evaluation and treatment and those requiring extensive procedures will be accommodated at CVIM
  - Hispanic Adults --approximately 115 patients in year 1 and 220 in year 2
  - Seniors-- approximately 80 patients in year 1 and 132 in year 2
• Our integrated Behavioral Health Program will provide vital counseling, treatment and prescription medications to 200 mental health patients during 1000 visits in our first year and an additional 100 patients during our second year of the program.

  o This patient volume represents a 44% increase in patients and 50% increase in utilization.

  o Our program will increase the ‘functional status’ of patients through integrated care plans designed to return patients to work, school or taking care of their families.

  o Volunteer providers serving CVIM patients will be increased

  o Mental Health referrals from hospital ER's and providers will increase

General operating funding from the Donor Advised Funds of Chester County Community Foundation will help our dedicated core staff and volunteer licensed healthcare practitioners to achieve increased access to these vital services while continuing our 17-year history of providing quality and compassionate primary medical and dental care for thousands of uninsured adults and children. Thank you for your interest in our mission and service