

I. **CHESTER COUNTY COMMUNITY FOUNDATION
GRANT PROPOSAL SUMMARY SHEET**

Date – 5/11/17

Contact Information

Organization Name: Compeer Chester County
Address: 825 Paoli Pike, West Chester, PA, 19380

Executive Director Name: Michael Brody
Executive Director E-mail: mbrody@mhphope.org

Phone: 610-436-4445
Vincent

Board of Directors Chair Name: Stephen St.

Website: www.compeerchesco.org

Primary Contact Name: Don Altemus

Year Incorporated: 1951

Primary Contact E-mail:
daltemus@mhphope.org

Has your nonprofit ever applied to the Community Foundation? Yes ___ No X Not Sure ___

Has your nonprofit ever received funding from the Community Foundation? Yes ___ No X Not Sure ___
___ Donor Advised Fund(s) ___ Fund for Chester County ___ Don't know/Not sure

Field/s of Interest:

___ Arts, Culture & Humanities ___ Environment/Animal Welfare ___ Education
___ Health X Human Services ___ Religion

Organization Information:

Geographic Area Served: Chester County

Describe Population Served and Annual Number of People Served:

Compeer Chester County serves Chester County residents over the age of 18 who have a serious mental health diagnosis and a history of stability in mental health recovery. Some of the people referred to our program have a co-occurring substance abuse or intellectual disability, but the mental health diagnosis must be the primary diagnosis.

Mission:

Compeer Chester County is a program of Mental Health Partnerships (MHP). We have a broader organizational mission and our program mission.

- **MHP's mission is:** *"To promote groundbreaking ideas and create opportunities for resilience and recovery by seeking and applying the knowledge learned from the people we support, employ and those engaged with us in transformative partnerships."*
- **Compeer Chester County's mission is:** *"To connect adults in mental health recovery in friendships with caring, trained volunteers, thereby maximizing community participation and helping people recognize their full potential."*

Proposal Summary:

Compeer Chester County proposes to use a grant award to improve training opportunities for volunteers

and enhance available cultural and athletic activities for both volunteers and participants. Training will occur both in-person and -online.

If Capacity Building Proposal, the focus is:

___ Mission, Vision & Strategy ___ Governance & Leadership ___ Strategic Relationships
___ Fundraising & Development Other: _____

Annual Budget \$163,413 _____ 1.5 # of Full-Time Equivalent Paid Staff
85 % of budget for program expenses ___ 10 ___ # of Board Volunteers
12 % of budget for administrative expenses ___ 55 ___ # of Active Non-Board Volunteers
3* _____ % of budget for fundraising expenses ___ 3300 ___ # of Volunteer Hours
100 % total

- MHP's fundraising expenses are contained within its 15% administrative expense

Top 3-5 funding sources:

1. Chester County Department of MH/IDD
2. Annual fundraising appeal
3. Donations from Board Members

Grant Amount Requested from the Community Foundation: \$4439

II. CHESTER COUNTY COMMUNITY FOUNDATION GRANT PROPOSAL NARRATIVE

Provide clear, concise information. 3 pages maximum.

1. Organization's history, goals, key achievements and distinctiveness

History – Since 1951, Mental Health Partnerships (MHP), previously known as the Mental Health Association of Southeastern Pennsylvania, has been a leader regionally, statewide and nationally in transforming mental health services to become more responsive to the priorities of individuals with mental health challenges and their family members. Our history is a robust story of creating opportunities for individuals and family members to experience hope and overcome the challenges imposed by mental health conditions. We are dedicated to innovating new service approaches, reducing discrimination, restoring hope and self-esteem, and creating the circumstances for individuals to improve their lives.

Chartered by the National Mental Health Association in 1951, MHP has been a leader in transforming the mental health system to focus on recovery, while improving the lives of persons with psychiatric disorders and their families. At the same time, MHP has advocated for better care and treatment. Established by conscientious objectors serving in state mental hospitals during World War II and the Korean War, MHP sent the earliest community advocates into state hospitals to effect improvements and changes. For over 61 years now, MHP has been on the cutting edge, helping Chester County citizens and improving services.

Compeer Chester County's innovative, community-based volunteer service follows in the MHP tradition. Founded in West Chester on April 8, 1999, Compeer is recognized by the National Registry of Evidenced-based Programs and Practices as a model proven to promote mental health wellness as validated by research (www.nrepp.samhsa.gov). Compeer's paid staff serves on boards, task forces, committees, and work groups in the County. Compeer volunteers have been recruited to form over 350 one-to-one friendship relationships with adults in mental health recovery. Compeer volunteers also have provided several interim supports to persons pending a one-to-one match. These include phone support, pen pal, and "E-Buddy" (e-mail) friendship matches. Twenty-three (23) Compeer "group" volunteers have served with psychiatric rehabilitation and clubhouse programs, befriending multiple persons in mental health recovery within a group context.

2. Funding request

- **Description of key initiatives**

We respectfully request a grant to support three principal objectives: (1) Develop new training opportunities for volunteers and program participants; (2) Enhance availability, affordability and variety of activity choices available to volunteers and their matched friends; and (3) Fund volunteer recognition activities.

- **Specific needs and issues to be addressed**

1) Develop new training opportunities for volunteers and program participants

Many volunteers join the program with little in the way of experience interacting with people who are living in recovery from mental illness. Our volunteer orientation familiarizes volunteers with the program model and with what to expect at each stage in the process of beginning a matched friendship with program participants. Volunteers have expressed the desire for more information on mental health recovery and mental illnesses, to help them better support their matched friends. The support of the Chester County Community Foundation would enable us to offer enhanced trainings including: Mental Health First Aid, and Suicide Prevention.

(2) Enhance availability, affordability and variety of activity choices available to volunteers and their matched friends.

Most of our program participants live on fixed incomes and it is difficult for them to afford to pay their own way on outings with their volunteer friends. At Compeer we suggest that participants and volunteers each pay their own way as a way of promoting reciprocity in the friendship. In reality, though, many times the volunteers pay for their friend's activities. Compeer needs the ability to assist volunteers and program participants with a variety of affordable activities to share with one another. The support of the Chester County Community Foundation would enable us to purchase an Art Reach membership. This membership would give us access to low cost tickets to live arts events that could be shared with participants and volunteers. A portion of the grant would additionally be used to establish a reimbursement fund allowing Compeer to reimburse a portion of activities for participants.

(3) Fund volunteer recognition activities.

The majority of the service that participants in the Compeer program receive comes from the Compeer volunteer base. Volunteer recognition is an important cultivation method to retain volunteers on a long term basis. Compeer already recognizes volunteers at an annual appreciation luncheon and through articles in our newsletter but we are looking for other ways throughout the year to acknowledge the work of this vital group.

- **Organizational impact if initiative is undertaken**

Moving forward with this initiative would strengthen the facets of our program where available resources are thinnest: training and activities support.

- **How will this grant enhance your organization's capacity?**

The grant will enhance Compeer's capacity to train volunteers in principles of mental health recovery and other topics of interest in the field. These training opportunities will enhance the ability of volunteers to support their matched friends. Training opportunities could also be offered to program participants.

The grant will also allow Compeer to assist with funding activities for the volunteers and participants. These activities promote community integration and contribute to the individuals' quality of life.

- **How will this increase in organizational capacity be measured?**

The increase in organizational capacity will be measured by attendance record and written evaluation results. The evaluation will include scaled questions and open ended questions to provide both quantitative and qualitative feedback.

- **Activities to implement the initiative. Please include a description of the expected activities; timeline and costs to implement the initiative. If external consulting services are required, include the anticipated costs and expertise of the consultants to be hired.**

	<u>Description</u>	<u>Timeline</u>	<u>Costs</u>
1	Volunteer Access to Relias Learning Management Solutions for online training.	2 months after the grant is approved	\$500
2	2 live trainings for volunteers and participants delivered by the Institute for Recovery and Community Integration	4 months and 8 months after the grant is approved	\$1464
3	Refreshments for both live trainings	4 months and 8 months after the grant is approved	\$200
4	Art Reach Membership	2 months after grant approval	\$275
5	Volunteer Recognition Activities	4 months and 8 months after grant approval	\$500
6	Fund for Reimbursement of activities	1 month after grant is approved	\$1500

- **Why it is important to fund this now**

Compeer volunteers are important social supports, friends, and mentors to vulnerable, often socially isolated citizens of Chester County. This grant will help Compeer to better prepare volunteers for the responsibility of supporting participants through friendship, by training them in the principles of mental health recovery and other topics in the field.

The activity portion of the grant will improve the quality of life for program participants by providing opportunities for them to attend sporting events, museums and other cultural activities that they would otherwise be unable to afford.

3. How impact and results will be demonstrated

The increase in organizational capacity will be measured by attendance record and written evaluation results. The evaluation will include scaled questions and open ended questions to provide both quantitative and qualitative feedback.

III. ATTACHMENTS

E-mail or mail this support information

1. Copy of 501 (c) (3) federal tax-exempt letter
2. List of Board of Directors, with their affiliations
3. Most recent annual report and financial statement, audited if available
4. Itemized organizational operating budget with actual results for prior fiscal year and current fiscal year to date
5. If capacity building initiative, itemized budget (including external consultant's proposal, if applicable)
6. Current strategic plan. If your nonprofit does not have a current strategic plan, explain why.

If Philanthropy Network of Greater Philadelphia's Common Grant Application is used, the Community Foundation's Summary Sheet MUST accompany application. Available at www.chescocf.org

E-mail completed proposals to grants@chescocf.org

Please contact Kevin Baffa or Beth Harper Briglia at (610) 696-8211 or grants@chescocf.org if you have any questions. Thank you.

Chester County
COMMUNITY FOUNDATION
*Connecting people who care with causes that matter,
so their legacies make a difference.*

Chester County
COMMUNITY FOUNDATION

CAPACITY BUILDING GRANT PROPOSALS

“Capacity building is whatever is needed to bring a nonprofit to the next level of operational, programmatic, financial, or organizational maturity, in order to more effectively and efficiently fulfill its mission.” *National Council of Nonprofits*

Capacity building initiatives may include (but are not limited to) projects which address:

- **MISSION, VISION & STRATEGY:** Organizational Assessment; Strategic & Business Planning
- **GOVERNANCE & LEADERSHIP:** Board Development; Executive Transition/Succession Planning; Leadership Development; Staff Training & Professional Development
- **STRATEGIC RELATIONSHIPS:** Coalition Building; Collaboration; Mergers & Acquisitions; Strategic Restructuring
- **DEVELOPMENT:** Donor Identification, Cultivation, Development & Stewardship; Development Campaigns (Annual, Capital, Planned Giving, Major Gifts); Earned Income Development; Social Enterprise Feasibility & Development; Marketing, Branding & Communications
- **OPERATIONS:** Disaster Recovery Planning; Financial Management; Human Resources; Volunteer Management; Industry Certification; Risk Management; Technology Improvements

Capacity Building Grants have been used to fund the following initiatives:

- **Strategic Analysis, Plan development and implementation**
- **Technology enhancements, including donor tracking and development software**
- **Website Design & Development**
- **Marketing Materials**
- **Development of Financial management and control systems**

Please Note: @99% of the grants issued by the Community Foundation are through the generosity of the Fund Advisors who created donor advised funds. @\$2+ million is granted annually to nonprofits in Chester County and beyond.

The Community Foundation has a small pool of unrestricted funding to support capacity building initiatives. A separate grant proposal (using the same application format) must be submitted to be considered for a capacity building grant.

To inform donors of grant proposals that have been received by the Foundation, the grant proposal cover sheet and narrative are posted on the Community Foundation’s website with a link to the nonprofit’s website. Quarterly, our donors are mailed a written list of all grant applications received, and directed to the grant proposal webpage so they can review active grant proposals. Community Foundation staff also discuss active grant proposals during donor meetings, when donors are interested in the causes served by the nonprofit.

E-mail completed proposals to grants@chescofc.org

Please contact Kevin Baffa or Beth Harper Briglia at (610) 696-8211 or grants@chescofc.org if you have any questions. Thank you.

