In a few brief paragraphs, please explain:

1. **What geographic area is served?** *(If not all of Chester County, specify primary Chester County regions served)*  
   Unite for HER serves all of Chester County

2. **What population is served, what has been the impact of COVID-19, and how has your nonprofit responded?**

   Unite for HER is a program available to all those who have been diagnosed with breast/ovarian cancer within 18 months or are facing recurrence or metastatic disease. Unite for HER currently serves patients in the counties of Bucks, Chester, Delaware, Montgomery, and Philadelphia, recently expanding to New Jersey and Delaware as well in 2019. Unite for HER’s innovative program started with 1 Hospital Partner in 2009 and has grown to over 30 Hospitals/Cancer Center Partners. To date over 55,000 integrative therapies have been provided through Unite for HER. We served 23 people when the program started in 2009, growing to serve over 5,000 women to date. Throughout our growth, we have remained committed to our hands-on model, starting with our impactful Wellness Day. These Wellness Days deliver critical support to women when they need it most. Participants who enroll in Unite for HER’s Wellness Program begin their experience with a group Wellness Day, often hosted at the hospital where they are receiving their treatment. Throughout the Wellness Day, participants learn from expert practitioners how different complementary therapies provide relief for various symptoms. They are together with 35-55 others facing breast or ovarian cancer, as well as survivors who serve as ambassadors. The relief and support of this shared experience often is itself transformative. At the end of the day, each woman receives a Wellness Passport, which allows her to pick and choose up to 12 therapies and services over the course of one year. Offerings include a series of acupuncture treatments, oncology massage, yoga, Reiki, physician-referred exercise programs, additional nutrition services, and sexual health and general counseling. Each woman also receives an eight-week organic Community Supported Agriculture (CSA) share, The Cancer-Free Kitchen
cookbook, and a voucher for a 30-minute phone consultation with one of our nutritionists. Patients with metastatic disease may renew their Passport every six months, ensuring that we are always by her side. There is no cost to the women—it is all paid for entirely by Unite for HER.

Covid19 has changed the way we operate, and boy did Unite for HER shift to serve! Our small, yet very creative and dedicated staff of 14, developed our new program called Unite for HER at HOME. We have adapted our in-person Wellness Day, previously set for 900 newly diagnosed women and men to attend this spring, into a unique experience for them to enjoy in the comfort of their own homes. Unite for HER at Home is an interactive digital experience, accessible through our beloved “HER Care Box”. Our Her Care Box is Unite for HER’s mission in box, which is thoughtfully curated by Unite for HER’s team and advisors, to meet the needs of those we serve at home. In the care box, our community will receive several self-care items, designed to aid in overall health and wellness. In addition to the self-care items, they will be receiving valuable information about the integrative therapies the UFH Wellness Program offers. This program allows us to help those 900 people create a personal plan by incorporating these valuable resources into their treatment and recovery. Inside HER Care box, is also the hallmark of our program: the UFH Wellness Passport. This Passport represents $2,000 worth of integrative therapies, including modalities such as counseling, one-on-one yoga, Reiki, nutritional counseling, and 8 week vegetable delivery. All session fees are paid directly to the provider at full rate, by Unite for HER, so those we serve will never incur any out-of-pocket expenses.

3. How much funding is sought? How does this compare to your annual operating budget? What will the funding be used for? What is the expected timeframe for use of funds?

UFH’ spends an average of $2,000 per person. This fiscal year we are expected to serve 1,800 people. We have sustained our organization primarily through our 4 fundraising events throughout the year, and now COVID has forced us to shift, and find new ways raise money. Our hearts are grateful, for the opportunity to request a $5,000 grant during this time, to ensure that our mission will have funding, beyond the 900 people we are serving this spring. Our fiscal year ends in June, and if we are unable to reach our fundraising goals, due to COVOID, we will be unable to continue our services to a community that is vulnerable and very much in need. With our community being so high risk, we foresee losing at least 3 of our 4 upcoming fundraisers. It is through Grants like yours that we are hopeful, we can make up some of the difference. We will continue to be innovative and focused on how we can grow from this experience, for HER. This grant would be applied July 1st 2020 to our Wellness Day program.

Please email grants@chescofc.org

- ___x_ This Brief COVID-19 Rapid Response Mini-Grant Letter of Request
- ___x_ Copy of annual operating budget or most recent audit
- ___x_ 501c3 determination letter

Please direct general questions & inquiries about the Rapid Response Mini-Grants to grants@chescofc.org. Beth, Steph, Cierra or Kevin will answer you.