Coatesville Area Senior Center – Addendum to March 16, 2020 Submission

Though the physical doors might be closed, the mission of CASC remains open. From March 16 through August 31, 2020, CASC has boldly operated five days per week ensuring access to essential services and has successfully ...

✓ Served more than 8,000 noon lunches through our contract with Chester County Department of Aging Services;
✓ Served more than 5,000 freshly prepared lunches through our own Nostalgia Kitchen;
✓ Cooperated with Chester County Department of Aging Services to secure and deliver more than 1,800 MREs to more than 300 residents of low-income senior housing buildings located in the City of Coatesville (more than 25,000 meals);
✓ Cooperated with Chester County Department of Aging Services to support Meals on Wheels by delivering weekly meals (5 meals delivered once per week) to 12 homebound individuals within the City of Coatesville;
✓ Provided more than 2,300 frozen dinner through our partnership with Chester County Food Bank;
✓ Distributed thousands of pounds of fresh produce, dairy, and eggs to more than 191 older adults living in the Coatesville service area through our partnership with the Chester County Food Bank;
✓ Distributed more than 200 senior boxes (40lbs of non-perishable food items) to more than 60 qualifying individuals through our partnership with Chester County Food Bank; and,
✓ Distributed hundreds of pounds of cat and dog food to more than 25 individuals through our partnership with State Senator Andy Dinniman.

While food security remains a top priority during the pandemic, the team at CASC was also able to work within County and State guidelines to provide 1:1 service to assist seniors with …

• Completion of the Pennsylvania Property Tax and Rent Rebate Application (23 applications completed via virtual/in-person support);
• Completion of Income Tax Preparation and Filing (27 filings were completed via in-person support);
• Supportive Services for Mental Health (4 individuals receive ongoing counseling by a licensed clinical social worker); and,
• Safe engagement opportunities using the drive-thru to offer concerts in the parking lot, fan distribution, voter registration, information sharing, BBQs, and more!

The senior center concept was born to provide food security for older adults in addition to engaging older adults to stave the complications of social isolation. As the Covid-19 pandemic continues to grip the county, CASC has used Covid-19 as an opportunity to innovate its service delivery. As of August 1, 2020, the following actions have occurred:

• Drive-thru has been expanded to include the popular Community Breakfast Program on Tuesdays and Fridays from 8am to 10am. This fee for service program has a limited menu and allows the community access to an affordable home-cooked breakfast that supports the CASC mission.
• Launched virtual and teleconference programming including:
  o Partnered with Elite Therapy Solutions to build a virtual program line up and wellness vignettes to be shared through social media
  o Developed a YouTube channel: CASC-TV! to store recorded virtual programming
  o Daily virtual exercise classes taught by Elite Therapy Solutions (currently held on Zoom with intent to be loaded to YouTube)
  o Weekly teleconference BINGO
  o Monthly virtual book club

CASC is currently working with the Chester County Department of Aging Services to bring the noon meal program in-house, allowing the CASC executive chef to plan, source, and prepare fresh noon meals daily.

CASC continues to welcome more than 100 individuals per day through the variety of programs and services. With continued support from government and private funding sources, the team at CASC is prepared to continue to innovate in the face of the pandemic.