We connect people who care with causes that matter, so their philanthropy makes a difference now & forever.

We are a collection of Field of Interest & Donor Advised Funds with @$3.5M granted annually to nonprofits in Chester County & beyond.

99% of our grants are made by our generous Fund Advisors, who make grant decisions all year.

Proposals submitted by nonprofits are considered for 2 types of grants:

<table>
<thead>
<tr>
<th>Field of Interest &amp; Donor Advised Funds (No Deadline)</th>
<th>Fund for Chester County Capacity Building Grants (Due 9/15)</th>
</tr>
</thead>
<tbody>
<tr>
<td>◇ Grants focus on Chester County causes &amp; issues, but are not limited to Chester County.</td>
<td>◇ For eligibility in this grant program, nonprofits must be located in &amp; serve Chester County. NPO’s with budgets of $500,000 or less are given preference.</td>
</tr>
<tr>
<td>◇ Charitable nonprofits working in all fields of interest are considered for grant awards. (I.e. arts, culture, &amp; humanities; education; community improvement; environment; religion; health; &amp; human services)</td>
<td>◇ The goal of capacity building grantmaking is to strengthen the effectiveness of NPO’s serving the Chester County region, in areas including:</td>
</tr>
<tr>
<td>◇ General operating grants are encouraged. Nonprofits should be specific about their mission, goals, &amp; measurable outcomes.</td>
<td>◇ Mission, Vision &amp; Strategy</td>
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<tr>
<td>◇ Proposals can be submitted anytime all year.</td>
<td>◇ Governance &amp; Leadership</td>
</tr>
<tr>
<td>◇ Grant decisions are made intermittently all year, as Fund Advisors desire.</td>
<td>◇ Partnerships &amp; Collaborations</td>
</tr>
<tr>
<td>◇ Grant awards typically range from $500-$7,500.</td>
<td>◇ Operations &amp; Technology</td>
</tr>
</tbody>
</table>

- Use this form @ [www.chescof.org](http://www.chescof.org) to apply online for grants from all Community Foundation Funds.
- Email proposals to grants@chescof.org
- Proposals are considered “complete” when CCCF has confirmed receipt of the Grant Proposal Summary Sheet, Narrative & Attachments.
- Proposals are shared electronically and online with Fund Advisors, Donors & Grant Panels.
- Per IRS Regulations, applicants must be charitable, tax exempt organizations with 501(c)(3) certification & cannot be individuals.

Please contact Grants Administrator Kevin Baffa at (610)-698-8211 or grants@chescof.org with any questions.
I. CHESTER COUNTY COMMUNITY FOUNDATION
GRANT PROPOSAL SUMMARY SHEET

Note: If Philanthropy Network’s Common Grant Application is used, CCCF’s Summary Sheet MUST accompany application.

To obtain an electronic version of this application, visit www.chescocf.org

Date 9/9/20

Contact Information

Organization Name: Community Volunteers in Medicine
Address: 300B Lawrence Dr. West Chester, PA 19380
Phone: 610-836-5990
Website: www.cvim.org
Year Incorporated: 1998
FEIN: 23-2944553

ED/CEO Name: Maureen Tomoschuk
ED/CEO E-mail: mtomoschuk@cvim.org
Board Chair Name: John Garvey
Board Chair Approval (check here): X
Primary Contact Name: Denise Mahal
Primary Contact E-mail: dmahal@cvim.org

Organization Information:

Field/s of Interest: ___ Arts, Culture & Humanities ___ Environment/Animal Welfare ___ Education
_X Health ___ Human Services ___ Religion

Mission: Community Volunteers in Medicine provides compassionate primary medical and dental care and health education to people who lack access to insurance and who live or work in Chester County in order to support their goals to lead productive, healthy, and hopeful lives.

Geographic Area Served (If not all of Chester County, specify primary Chester County regions served): We provide free primary and specialty medical, comprehensive dental and behavioral health services supported by onsite prescription medications to uninsured adults, children and seniors throughout Chester County and surrounding communities.

Describe Population Served & Annual Number of People Served: CVIM serves the healthcare needs of uninsured and under-insured, low-income adults, children and seniors living or working in Chester County and many living in poverty or near poverty. During FY 2020, we served 4997 patients representing an 18% increase over the previous year and including 1,327 new patients during a total visit volume of 41,294 (including medical, dental, behavioral health, patient education, eligibility screenings, and drug dispensary visits—and telehealth visits and vital outreach encounters instituted during the Covid-19 pandemic to ensure the health and safety of our patients.

Annual Budget $3,905,800 ___________ ___93___ % of budget for program expenses
___32_____ # of Full-Time Equivalent Paid Staff
___25____ # of Board Volunteers
___480____ # of Active Non-Board Volunteers
___56,160____ # of Volunteer Hours

Top 3-5 funding sources:
FY2020—IBC Foundation $100,000; Philadelphia Foundation $80,000; Lasko Foundation $50,000

Is this grant proposal for: Capacity Building ___ or General Operating _X___?

Grant Amount Requested from the Community Foundation: Donor advised donations of any dollar amount are greatly appreciated by CVIM. Thank you for the opportunity to reach the CCCF donors.

Proposal Summary: Your donations will directly support our work to provide access to medical, dental and behavioral health services including expansion of programs to serve additional uninsured patients desperate for primary medical and specialty care. As a model healthcare home serving thousands of uninsured, multi-cultural adults, children and seniors in Chester County and surrounding counties, we provide totally free, culturally competent, clinic-wide integrated services: chronic disease management, women’s medicine, comprehensive dental care, behavioral health, non-opioid pain management, disease prevention, patient education, telehealth services and an expanded dental outreach program for children, seniors and isolated communities. We are able to nimbly respond to community health needs, like the current Copid-19 pandemic, thanks to generous donors and
dedicated clinical and support volunteers.
II. CHESTER COUNTY COMMUNITY FOUNDATION
GRANT PROPOSAL NARRATIVE

*Provide clear, concise information. 3 pages maximum.*

1. Nonprofit’s history, goals, key achievements & distinctiveness

2. Funding request
   - Description of key initiatives
   - Specific needs & issues to be addressed
   - Why it is important to fund this now
   - How impact & results will be demonstrated

   - *For capacity building grant proposals:*
     - How will this capacity building initiative impact your nonprofit?
     - How will this impact be measured?
     - Include a description of the expected activities; timeline & costs to implement the initiative. If external consulting services are required, include the anticipated costs & expertise of the consultants to be hired. Include external consultant proposals if applicable.

III. ATTACHMENTS

*E-mail or mail this support information*

1. Copy of 501 (c) (3) federal tax-exempt letter
2. List of Board of Directors, with their affiliations
3. Most recent annual report & financial statement, audited if available
4. Itemized organizational operating budget with actual results for prior fiscal year & current fiscal year to date
5. If capacity building initiative, itemized budget (including external consultant’s proposal, if applicable)
6. Current strategic plan. If your nonprofit does not have a current strategic plan, explain why.

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- **Email proposals to** [grants@chescocf.org](mailto:grants@chescocf.org)
- Proposals are considered “complete” when CCF has confirmed receipt of the Grant Proposal Summary Sheet, Narrative & Attachments.
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- Per IRS Regulations, applicants **must be** charitable, tax exempt organizations with 501(c)(3) certification & **cannot** be individuals.

Please contact Grants Administrator Kevin Baffa at (610) 696-8211 [grants@chescocf.org](mailto:grants@chescocf.org) with questions.

Connecting people who care with causes that matter, so their legacies make a difference.
WHAT IS CAPACITY BUILDING?

Capacity building helps bring a nonprofit to the next level of operational, programmatic, financial, or organizational maturity, in order to more effectively & efficiently fulfill its mission.

Capacity building may include (but is not limited to) projects which address:

- **MISSION, VISION & STRATEGY**
  Organizational Assessment - Strategic Planning - Financial Planning

- **GOVERNANCE & LEADERSHIP**
  Board Development - Executive Transition/Succession Planning - Leadership Development - Staff Training & Professional Development

- **PARTNERSHIPS & COLLABORATIONS**
  Coalition Building – Collaboration - Mergers & Acquisitions - Strategic Restructuring

- **RESOURCE DEVELOPMENT & MARKETING**
  Major Gift Donor Identification, Cultivation, Development & Stewardship - Development Campaigns (Annual, Capital, Planned Giving) - Earned Income Development - Social Enterprise Feasibility & Development - Marketing, Branding & Communications

- **TECHNOLOGY & OPERATIONS**
Why Your Funding is Important Especially Now!
In mid-March 2020 the pandemic reached our county and CVIM pivoted quickly and efficiently to ensure safety, health and the provision of vital health services. We remained open during the pandemic in order to keep our patients safe and healthy and to help them avoid risk. However, we also safeguarded our large volunteer corps — nearly 500 strong — by asking them to stay home and stay safe. The core staff of 35 FTEs redeployed to continue providing essential health services for our patients. Part-time staff members working more hours and many full-time workers shifted to new roles and responsibilities. These increased personnel expenses added to the costly need to enhance technology to advance telehealth services; additional and ongoing expenses for personal protective equipment (PPE) and cleaning supplies has taken an unexpected toll on our operations budget. While we shifted quickly to continue to provide our services, now more than ever, we need the support of our local community. General operating funding or program directed donations from the Donor Advised Funds of Chester County Community Foundation will support the efforts of our core staff, and licensed volunteer clinicians and support volunteers to work in an integrated fashion across all clinic departments and specialties to provide a comprehensive healthcare home to those in need. Thank you for your interest in our mission.

Organization History and Background
CVIM, a free healthcare provider, serves as the patient-centered healthcare home for thousands of uninsured people who benefit from a team-based delivery model designed to provide holistic, integrated, comprehensive and continuous medical and dental care and behavioral health services to patients with the goal of obtaining maximized health outcomes. Our patients receive a multi-disciplinary and extremely high-level of care in an efficient yet warmly comfortable, compassionate and culturally competent setting— a true healing environment that leads to longer-term better health for our patients and ultimately the community.

Our organization began providing medical care in May 1998 and added dental services in July of that year. In 2001, CVIM consolidated into a single facility in West Chester where services are currently provided -- five days and two evenings a week. In 2014, we purchased our building and expanded our facility to provide areas for patient care program growth. CVIM is supported 100% through philanthropy and is grateful for the annual, capital and in-kind gifts received from generous individuals, corporations, and foundations.

The patients we serve come from every zip code in Chester County, do not have insurance and live on gross incomes at or below 300% of the federal poverty level. They are not eligible for government programs, such as Medical Assistance, Medicare, and CHIP or VA benefits. Last year, 4997 patients received comprehensive medical, dental and behavioral health services at our West Chester-based clinic; telehealth services during the pandemic and extensive outreach programming. This total included 1,327 new patients; 3409 receiving primary and specialty medical care; 2,728 receiving prophylactic and restorative dental services and 664 receiving behavioral health counseling. Our onsite drug dispensary provided 25,683 prescription medications free of charge. The value of our totally integrated services is estimated at $8,900,000.

Our Services and Programs
Our model of care is unique and sets CVIM apart from other clinics in our region. Our team of nearly 500 clinical and support volunteers and core staff of 35 FTE’s develops in-depth protocols, procedures and programs that address a wide demographic of patients suffering from the long-term effects of chronic diseases—diabetes, hypertension, obesity and oral diseases. Unlike, many free clinics, we know that episodic care delivered in lieu of
a partnership between clinician and patient will not result in changes in unhealthy behaviors and lifestyles and will not lead to long-term health improvement and benefits for the patient, their family and ultimately the community.

Our services include: **Medical Care:** Primary Care, Pediatrics, Cardiology, Chronic Disease Management, Orthopedics, Neurology, Podiatry, Internal Medicine, Women’s Medicine and Gynecology, Dermatology, Social Services, Integrated Behavioral Health, Nutrition Counseling, Tobacco Dependency Program, Patient Education and Onsite Prescription Medications; **Comprehensive Dental Services:** Prophylactic and Oral Hygiene Education, Restorative Dentistry, Emergency Dental Services, Digital X-Ray and Panorex, Specialty Dentistry (Endo and Periodontics), Orthodontia for Severe Cases and two Dental Outreach Satellites providing services to seniors and the Hispanic community.

Our Comprehensive Dental program remains the premier free dental program in our county. Our core staff and extensive general and specialty volunteer corps provide a high level of care with strong emphasis placed on oral health education, chair-side and in groups -- disease prevention and health maintenance -- along with providing basic prophylaxis (cleaning, bite wing X-rays, fluoride, sealants); extractions for abscessed teeth; filling of cavities; root canals; pulpotomies in children and adults; orthodontia and minimal bridge work. In addition, the dental staff and volunteers provides approximately 1,000 children with exams, screenings, sealants, fluoride treatments and more extensive procedures during community outreach programming. **We would specifically like to share the details of two of our programs that serve the needs of hundreds of uninsured women and children in Chester County.**

Our **Women’s Health Clinic** is the only free, comprehensive program providing increased access to preventative and diagnostic women’s health and wellness services for uninsured women and girls in Chester County. Throughout our history, the largest gender group has always been comprised of female patients. Early on in our work, our medical director and lead nurse practitioner resolved to remain committed to providing more comprehensive gender-specific healthcare and preventative services for women. Over the past decade, our **Women’s Health Clinic** has provided conveniently consolidated key primary medical services with gender-specific services such as gynecology, breast health screenings, onsite mammography and family planning. Because the rates of common mental disorders—depression, anxiety and somatic complaints—are predominate in women, our Behavioral Health program focuses much of its efforts on the mental health issues of women. We screen all Women’s Health Clinic patients for depression, anxiety, substance/alcohol abuse, chronic pain and intimate partner violence.

The majority of our female patients (77%) range in age from 15 to 60 years old. Many are single moms, and young adults working hard. They all lack insurance, make less than 300% of the Federal Poverty Level and have neglected their own health because of lack of access to care. The women we serve are the fabric of our community and vital to our economy. They live in poverty and the neglect of their own health has led to:

- Increased need for more expensive emergency healthcare and hospital admissions
- Worsening of major health issues and chronic diseases
- Loss of wages and even loss of employment due to increased use of sick time
- Ongoing physical and emotional issues
- Unplanned pregnancies
- Overall decline in family health leading to multi-generational health issues

**FY 2020 Women’s Medicine Clinic Achievements:**

- Approximately 2,400 women and girls received patient-centered care at CVIM
- 343 mammograms were performed including 100 onsite screening mammograms through our partnership with the Fox Chase Mobile Mammography Van and 243 performed at local hospitals collaborating with us to provide both screening and diagnostic mammograms.
- More than 500 women received preventative as well as follow-up care during 699 gynecological visits—the highest medical specialty visit volume logged at CVIM.
- 291 women received Pap tests; 18 colposcopies; 32 IUD procedures; and 13 endometrial biopsies.

**Children’s Dental Program:** Despite the affluence of our region, thousands of children live in poverty in nearly every zip code of Chester County. The most recent county census states that nearly 11,000 children live in poverty and nearly 50% of them are living in deep poverty. Many of these children are not covered by Children’s Health Insurance of PA (CHIP) and therefore they go without preventative dental visits. CVIM’s extensive pediatric dental services and increased efforts to reach more who are at-risk exist to serve these children. Our staff dentists and hygienists along with volunteer pediatric, general and specialty dentists provide approximately 350 uninsured children, ages 0-19, a high level of free, consistent, coordinated, comprehensive dental care, 5 days/2 evening a week in our West Chester-based clinic. Emphasis is placed on accessibility and education of parents and children on oral health, disease prevention and brushing/flossing techniques. Annually 20 of these youngsters receive free orthodontia care and appliances because they are suffering from severe malocclusion leading to malnutrition and other health and self-esteem issues. An additional 1,200 at-risk children receive dental screenings and treatments during community outreach programming.

**Overall Goals and Objectives**
Since establishing our free clinic in 1998 our overarching goal has always been to help our patients to regain and maintain their health. Today, as the premier healthcare home for nearly 5,000 uninsured adults and children annually, we strive to increase access to care, reduce health disparities particularly for the uninsured and all races/cultures and to continually integrate all of our services leading to better health outcomes for our patients.

For our adult patients good health can lead them to more productive work and personal lives for themselves and their families. For our younger patients it means they are free of dental pain and the stigma of poor oral hygiene. To meet the growing demand for our services and to expand access to those who have not yet been served by CVIM we are unified in our dedication to providing free quality, comprehensive, compassionate and culturally competent care to the uninsured adults, children and seniors living or working in Chester County and surrounding communities. The objectives that will lead us to reaching this goal include:

- Provision of coordinated care under one roof in a facility that can accommodate growing volumes and offers the flexibility to meet new challenges
- Safe, compassionate, trusted healthcare environment welcoming all races, cultures, genders and religions
- Increasing access to preventative, acute and chronic disease healthcare services to uninsured women; including free mammograms and other preventative services
- Increasing access to mental health services including counseling, psychiatric care and free medications
- Continue to expand our services for pediatric patients by adding additional volunteer pediatricians
- Safeguarding public health and safety by treating food, hospitality and transportation workers
- Preventing and managing chronic diseases and teaching patients and their families how to identify their health risks and to invest in their health
- Diagnosing and successfully treating/preventing oral disease and dental issues in adults and children
- Expanding dental outreach to underserved populations in the county, including uninsured or underinsured seniors by cultivating relationships with local senior centers to ensure access to our dental clinic
- Minimizing expensive emergency room visits and hospital admissions for both medical and dental issues
- Serving as a leader during public health crises by partnering with the County Health Department and others to continue to provide safe and effective testing and treatment.