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On July 21, 2017 Timmy Nelson was fortunate to undergo a life altering major surgery. After 3.5 years of home based, self-administered peritoneal dialysis (PD), he became the recipient of a fully functioning kidney.

Muskegon, Michigan is Timmy's home town. This is where he completed high school and began his post high school studies. While in high school he began his first job a grocery store, working as a counter clerk assigned to the full-service meat counter. Prior to high school graduation Timmy was promoted to meat cutter and in the summer following high school graduation he began studies at Muskegon Community College with the intention of transferring to a four-year institution to complete his teaching degree and become an educator.

While meeting with his college guidance counselor, the meeting was interrupted by a phone call to the counselor's office. On the phone line was a recruiter from UPS inquiring if there were any college students to be referred for employment. After putting the recruiter on hold Timmy was asked if would be interested in a job at UPS. Timmy responded, "What's UPS?" His counselor, Dr. Preston Pulliams, responded, "They pay \$5.95 per hour; it's a part time job and includes full health benefits." Realizing he was making \$2.50 an hour, working full time, and had no medical benefits, Timmy's immediate response was, "Yes."

On May 23, 1977 Timmy began working as a trailer unloader during the early morning shift at UPS. After talking with his supervisor, he realized that with good work ethic, initiative, and positive attitude, there were opportunities for advancement.

Timmy took opportunities to learn various jobs of ascending responsibility and soon became a supervisor. During Christmas season of 1982 Timmy worked as a delivery driver. In January of 1983 he was internally trained and certified as an industrial engineer assigned to assess and re-assess work measurement for UPS facilities in western Michigan. In 1989 after completing a series of operational assignments Timmy was transferred to Lansing, Michigan, assigned as the safety supervisor for Michigan District employees. Working under the direction of the safety manager, Timmy traveled to numerous delivery facilities to coach and counsel employees

on the merits of safe driving and safe working techniques. The Fall of that year he was promoted to safety manager.

The following years included temporary rotational assignments to various parts of the country, as well as delivery facility manager and employment manager. Timmy was assigned to a regional office in Columbus, Ohio to work as the employee relations manager with responsibilities for addressing and resolving issues and concerns for non-union and management employees in the states of Michigan, Ohio and Kentucky.

In 1996 Timmy was promoted and assigned as the Human Resources Director for Ohio. He directed a team of managers to oversee recruitment & employment, health & safety, employee relations, and compensation & benefits.

In 1998 Timmy was re assigned to New Jersey to perform the same duties, plus oversee the state and federal legislative/congressional outreach program for his geographic area.

The facility that housed Timmy's office had a clear view of the New York City skyline, including the World Trade Center Towers. On September 11, 2001 Timmy and his staff learned how to operate the human resources department without a master operating plan. There was nothing in place detailing how to house, shelter, and comfort employees that were cut off from immediately returning home, and had temporarily lost contact with their friends and family due to the tragedy of 911 disrupting their daily work commute across the river.

In 2002 Timmy was asked to alter his human resources career, and accept a promotion transitioning to the government relations department of UPS.

Timmy was transferred to Philadelphia, and promoted to Vice President of State Public Affairs. He became the UPS liaison for local, state, and federal government in the states of Virginia, West Virginia, Delaware, Maryland, and Pennsylvania. He coordinated a team of UPS managers, who in addition to their assigned operational responsibilities also developed and maintained relationships with elected officials within their assigned geographic areas. This assignment also created opportunities for international travel and the opportunity to work with UPS partners around the world.

Timmy's assigned geographic territory grew to encompass the East coast of the United States. In 2012 he was assigned as the Public Affairs Domestic Coordinator of the Alternative Fuels Program.

In this assignment Timmy was responsible for overseeing the State Government Relations Team activities toward enacting and enhancing government regulations to advance UPS utilization of renewable fuel sources.

In 2013 Timmy was promoted to Senior Vice President/Managing Director of State Public Affairs. This responsibility included overseeing nine vice presidents as they managed their geographic territories of state level government relations for the United States.

In January of 2013, Timmy was diagnosed with End Stage Renal Disease (ESRD). He began peritoneal dialysis in December of that year. This modality of treatment enabled Timmy to continue his frequent air travel and remain effective in performing his assigned duties.

Timmy retired from UPS March of 2015 with 38 years of service.

Prior to retirement Timmy was an active volunteer with numerous West Chester area organizations. Retirement created the opportunity to expand his volunteerism.

Timmy began his ESRD outreach by developing a PD Patient Support Group at his treating dialysis facility. The focus of this West Chester-based group was lessening and addressing the concerns of patients, caregivers, along with prospective PD patients.

Post-retirement, Timmy developed a working relationship with Quality Insights Renal Network 4. He attends the monthly quality improvement conference calls and is a member of the Network 4 Medical Review Board (MRB). Timmy travels to dialysis facilities within the Network 4 geographic territory to meet with dialysis patients to discuss possible transition to dialysis home treatment modalities, and preparation to become a viable candidate for a kidney transplant.

Timmy is involved with the ESRD National Coordinating Center and contributes the National Patient and Family Engagement (NPFE) Learning and Action Network (LAN) as a Legacy Subject Matter Expert (SME) assisting with education and transition to home dialysis modalities, and preparation for patients to be acceptable candidates for the kidney transplant waitlist.

## Post Retirement Activities

### United Way of Chester County

- Board Member
- Executive Board Member
- Community Investment Team
- Community Impact Council Co-chair
- Diversity, Equity, & Inclusion Committee

### The Chester County Hospital – Penn Medicine

- Chester County Hospital - Turks Head (Real Estate) Board
- Penn Medicine Chester County Hospital Board of Directors
- Patient and Family Advisory Council
- Diversity, Equity, & Inclusion Council - Community Member
- Penn Medicine Board of Directors

### St. Paul's Baptist Church

- Program Planning & Development (PPD)

### West Chester NAACP - Member at Large

### Quality Insights Renal Network 4

- Medical Review Board
- Home Modality/Transplant Advocate

### ESRD – NCC

- Home Modality LAN member
- Transplant Waitlist LAN member

### Quality Insights, WV – Board of Directors

### Gift of Life

- Speaking Ambassador
- Medical, Advisory, and Policy Board

### Penn Transplant

- ESRD/Transplant Ambassador

### West Chester Food Cupboard

- Client Volunteer
- Board of Directors

### Kidney Patient Advisory Council

### West Chester Area Senior Center - Board of Directors

### Chester County Community Foundation – Thought Leader

### End Stage Renal Disease Treatment Choices Learning Collaborative (ETCLC) ... and more to come... ###