

Cultural Humility for social service Professionals

Overview:

This program will explore what it means to be culturally humble, explain types of bias, and provide strategies for being mindful of our own biases in our interactions and decision making. We'll discuss cultural humility and cultural competency and why is it important to understand and practice in the social service profession. We follow that with audience discussion where I will engage in conversation and ask folks to reflect and share their experiences about diversity, equality, and inclusion and the impact of these issues on the community, the families we work with, and in our own lives. Audience members will have the opportunity to engage using polling and the chat box to ask questions of our presenter.



Tamara Wilson, JD

Director of Diversity, Equity and Inclusion, CASA Youth Advocates serving Delaware & Chester Counties

Expert Source on: Cultural Humility, Disparities/disproportionality for children in the child welfare system Diversity, Equity and Inclusion in the workplace/nonprofits

Tamara is the Director of Diversity, Equity and Inclusion for CASA Youth Advocates serving Delaware & Chester Counties, the Media-based nonprofit that provides support for children going through the welfare, education and health care systems. In this position, Tamara cultivates partnerships with community leaders and stakeholders, and actualizes CASA's strategic commitment to incorporating Diversity, Equity, and Inclusion into the organizational structure, culture and services. She develops and facilitates trainings on issues surrounding diversity, equity, and inclusion for CASA's volunteer advocates, staff, and board, as well as to other organizations, and groups in the community. She tailors these trainings to meet participants where they are in their understanding of diversity and other DEI concepts.

Tamara has a passion for youth advocacy, diversity, equity, and inclusion, and providing more awareness about the disproportionate and disparate outcomes for children and youth of color in the child welfare system to the larger community. Her understanding of the child welfare system began at an early age, as her parents served as foster parents while she was growing up. As she grew older, and began working in the child welfare system, she gained a clearer understanding of the disparities that children of color in the welfare system face, and that she could use this information that she's learned to help build cultural awareness for others. Her ultimate goal is to create spaces where people can come together to appreciate that their differences can make their organizations and communities stronger.

She serves as chair of CASA's Diversity Committee, is a member of Delaware County's Multisystem Integration Prevention/Racial Disparity Workgroup, Chester County's Children's Roundtable, and Pennsylvania Child Welfare Resource Center's Diversity Task Force, as well as a board member at Making A Change Group, a nonprofit organization dedicated to empowering youth, strengthening families, and building healthier and safer communities in Chester PA. Tamara holds a J.D. from Delaware



Cultural Humility 102

Overview:

This program will take a deeper dive into the concept of cultural humility and explore how nonprofit professionals can move from awareness, to demonstrating cultural humility and inclusiveness in the workplace. We'll distinguish between diversity and inclusion; assess bias, stereotypes and prejudices that may influence behavior in workgroups, and also discuss strategies for fostering inclusion in the workplace. This will be an interactive virtual presentation with opportunity to engage using polling, chat box to ask questions of the presenter.



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DEI Matters

Overview:

Boards play a critical role in leading their organization's Diversity, Equity, and Inclusion (DEI) efforts. No matter where you are on your journey to building a more diverse, equitable, and inclusive organization, we invite you to participate in a discussion with other local non-profit board and organizational leaders on the challenges and strategies to advance DEI in your organization. During this interactive virtual session, attendees will:

- Become aware of the historical context of systemic racism in the US and why this matters for organizations who serve the community.
- Distinguish between diversity and inclusion and other common language when discussing DEI.
- Learn about the state of diversity in today's non-profit boards.
 Identify ways to take action on board diversity and begin or continue these critical conversations in your organization.



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