



Penn Medicine
Chester County Hospital

COMMUNITY ADVISORY BOARD

Idea Council

September 19, 2024



AGENDA

1. Transitions at CCH and on the CAB
2. Recap of last meeting for CCH April 18, 2024
 - Podcast
 - Continued Community Outreach
3. Impact of Medication Access on Preventable Admissions
4. Discussion and Idea Sharing
5. Next meeting:
 - AHA Health Equity Transformation Assessment
 - Data on PPA

Dr. Tiffany Cooke

Medical Director for Diversity, Equity & Inclusion



Dr. Cooke has practiced at CCH, Princeton and LGH as a CHOP Pediatric Hospitalist since 2013. She completed her MBA in 2018 and, in December 2024, will complete a master's degree in urban bioethics through the [Pincus Fellowship](#) at Temple University School of Medicine. Dr. Cooke is the incoming Chair of the PA-AAP DEI committee. Dr. Cooke will continue to practice Pediatric Hospital Medicine.

Since last meeting

Outreach Initiatives



Mental Health in the Black Community
7/24/24



Spanish Reversing Prediabetes
9/9/24



Spanish Diabetes Support Groups
Monthly starting in September



Men's Health Matters Symposium
9/14/24



Spanish Your Weigh Down
4-week series starting 9/16



Check Your Meds
10/20/24



Heart Tracks CV Risk Screening
CYWA 10/28/24



Heart Tracks CV Risk Screening
Melton Center 11/18/24

EPISODE 051

Top-Rated Health Care and Well-Supported Staff

with Karen Pinsky, MD and Ed Callahan

Your locally focused business podcast



Listen online at startlocal.co

[Link to Podcast](#)

.... and upcoming

October 25th, 1:00- 3:45 PM

Free Breast Screening Event @ Fern Hill Radiology

This program provides each participant with a clinical breast exam, screening mammogram, education and follow-up diagnostic tests for abnormal screening results. Interpreter Services will be on site and free transportation will be provided if needed.

Participant criteria:

Age

- People aged 40 years through 64 years are eligible for covered breast cancer screening and diagnostic services. People under 40 may be eligible if they are at high risk of breast cancer based on program guidelines.
- People under the recommended age for screenings may be eligible if they have symptoms that require breast cancer diagnostic testing.
- People aged 65 years and older may be eligible if they do not have Medicare Part B and if services are recommended by the clinician.

Residency: Pennsylvania Resident

Income: People whose family's total income before taxes is at or below 250% of the Federal Poverty Income limit.

Insurance: Under or Uninsured

Partners:

- LCH Health and Community Services
- ChesPenn Health Services
- Penn Primary Care Practices



Patient Stories

Real experiences shared by patients and providers allow us the opportunity to celebrate excellent patient care and also recognize opportunities for improvement when that care was not sufficient.



Medication Management and Transitions of Care



Medication Management-Challenges

Table 1

Drug-related problems

Drug choice problems: errors, substitutions, discontinuities/omissions, use of unnecessary drugs.

Dosing problems: dose changes, cancellations, omissions.

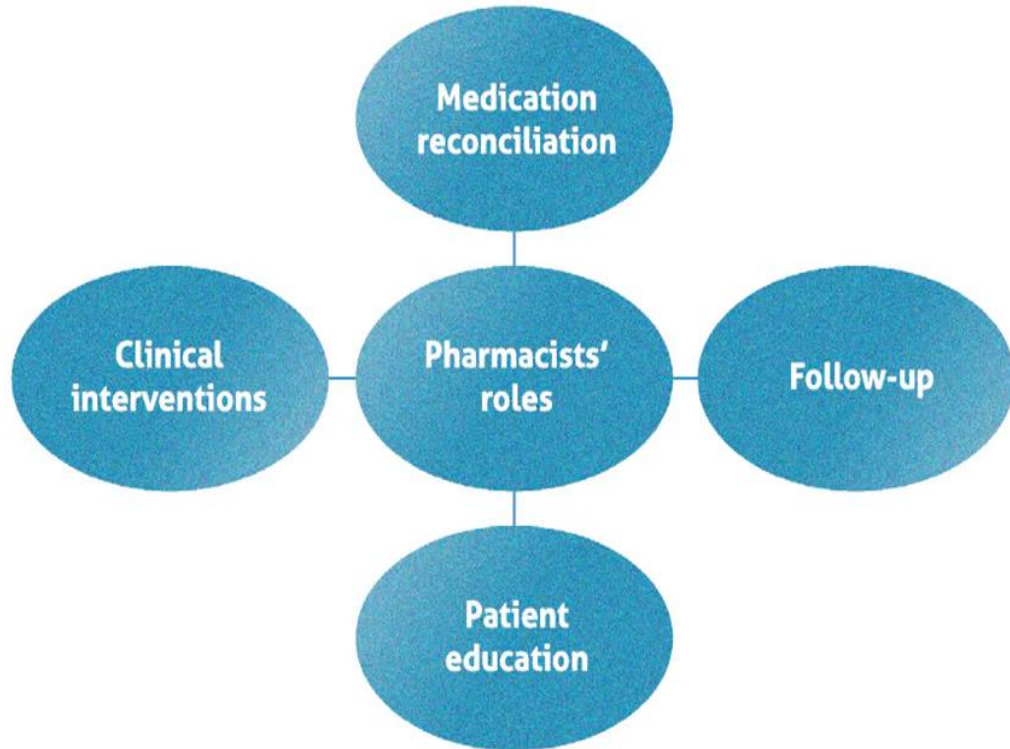
Drug use problems: lack of knowledge, lack of understanding, non-adherence.

Interactions

Adverse drug reactions

Transitions of Care

FIGURE. Pharmacists' Roles in TOC¹⁻⁵



MTM, medication therapy management.

According to the World Health Organization (WHO)

- 3.4-97% of adult patients and 22-72.3% of pediatric patients had a least one medication discrepancy on admission to the hospital.
- 62% of patients had at least one unintentional medication discrepancy during internal hospital transfer.
- 25-80% of patients had at least one medication discrepancy or failure to communicate in-hospital medication changes at discharge.

Medication Management – Potential Points of Failure

Potential Points of Failure

- Home
- Primary Care / Long Term Care
- Admission
- Medication changes during hospitalization
- Discharge Medication
 - D/C teaching / After Visit Summary
- **Cost**
 - Anticoagulants (Xarelto[®], Eliquis[®], Pradaxa[®]...)
 - Anti-Platelets (Brilinta[®], Effient[®], Plavix[®]...)
 - Antibiotics
 - Anti-Diabetic agents (Lantus[®], Humalog[®]...)

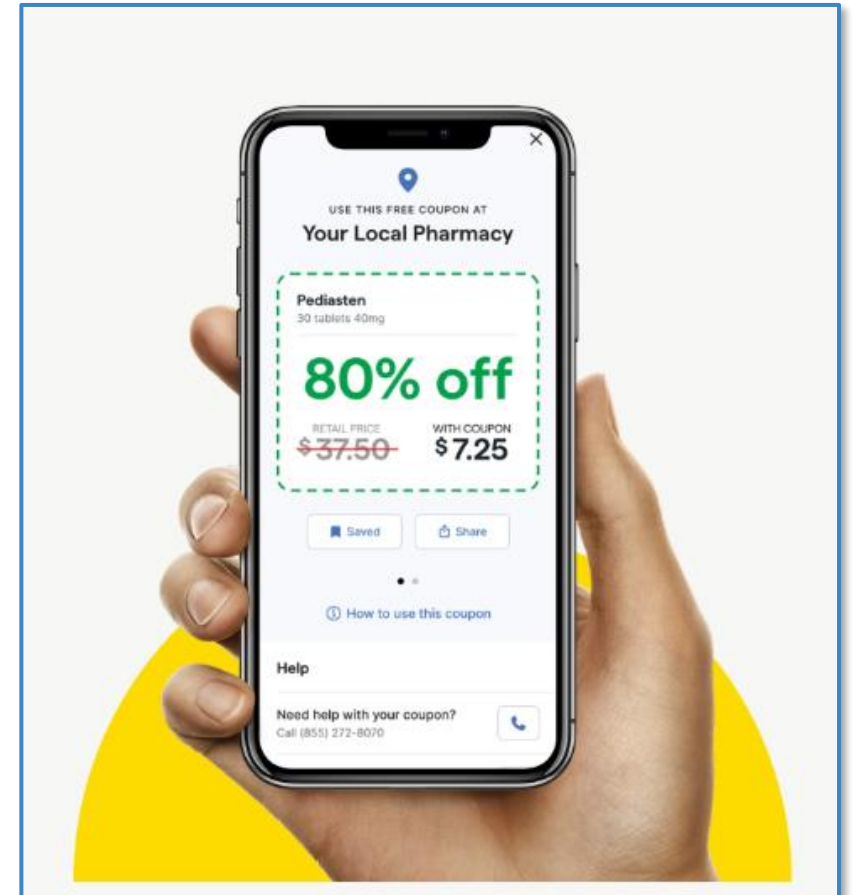
Countermeasures:

- Check Your Meds program (MF)
- Medication Take Back
- Education: Support Groups
- FQHC / LCH (MF to get specifics)
- Admission Medication reconciliation by Pharmacist or Pharmacy Techs
- Patient Portals
- Meds to Beds (TD)
- Early Authorization of high-cost meds
- Low Cost Options – next slide

Patients who are under / uninsured

Options

- Good Rx
- Manufacturer provider discount prescription cards/programs
- [Walmart LowCost Prescription Program](#) (\$4 -30 day supply)
- Take Home Medication Policy (insulin/inhalers)



Discussion

IDEA SHARING - PERSPECTIVES FROM CHESTER COUNTY LEADERS

- How do we promote optimal medication management at transitions of care?
- What fears do we need to address to promote compliance and adherence to medications?





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