

I. GRANT PROPOSAL SUMMARY SHEET

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Date

Contact Information

Organization Name: Savage Sisters Recovery, Inc.
Address: 187 Meredith Ave, Bryn Mawr, PA, 19010
Phone: 2672909572
Website: savagesisters.org
Year Incorporated: 2020
FEIN: 85-1404597

ED/CEO Name: Sarah Laurel
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Board Chair Name: Kim Covello
Board Chair Approval (check here): ☒
Primary Contact Name: Adam Al-Asad
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Organization Information:

Field/s of Interest:

	Arts, Culture, Heritage	X	Education, Library		Environment, Animals
X	Health	X	Human Services		Social Justice, Civic Engagement
	Religion		If other, please describe:		

Mission: Savage Sisters Recovery's mission is attacking addiction ferociously with radical love through connection. Which is accomplished through the operation of three programs: Trauma Informed Recovery Housing, Public Health Mobile Outreach, and Prevention Education surrounding the risks and realities of substance use in todays day and age.

Geographic Area Served (If not all of Chester County, specify primary Chester County regions served): Philadelphia, Delaware County, Chester County, Montgomery County.

Describe Population Served & Annual Number of People Served. (Include Chester County # &/or % served.)

Annual Budget \$1,485,000.00	11 # of Full-Time Equivalent Paid Staff
91 % of budget for program expenses	12 # of Board Volunteers
7 % of budget for administrative expenses	200+ # of Active Non-Board Volunteers
2 % of budget for fundraising expenses	20,800 # of Volunteer Hours

100% = total

Top 3-5 funding sources: Federal / State Grants, Corporate / Foundation Donations, Individual Donations

This grant proposal is for: ____ Direct Service Programs & General Operating &/or ____ Capacity Building

If Capacity Building Proposal, the focus is:

	Contingency Planning		Partnerships, Collaborations		Merger, Closure
	Mission, Vision, Strategy		Board Engagement & Leadership		Marketing, Communication
	Resource Development		Operations		Technology
	If other, please describe:				

Grant Amount Requested from the Community Foundation: \$10,000.00

Proposal Summary: *(a few sentences, please) Savage Sisters Recovery, Inc. is seeking funding from Chester County to sustain free trauma and mental health therapy services for residents in our ten recovery homes. These services were previously funded by a three-year Van Ameringen Foundation grant, which concludes in 2025. The requested funds will ensure uninterrupted access to professional and alternative therapeutic supports—including trauma therapy, counseling, yoga, and art therapy—that are critical to residents' long-term recovery and stability. By bridging this funding gap, the grant will enable Savage Sisters to continue providing holistic, trauma-informed care that strengthens individual recovery outcomes and fosters healthier, more resilient communities.*

1. Nonprofit's history, goals, key achievements & distinctiveness

Savage Sisters Recovery, Inc. operates three core programs: Housing, Outreach, and Education. Our work addresses substance use disorder and its co-occurring challenges, including housing insecurity, stigmatization of drug use, infectious disease spread, overdose deaths, contaminated drug supply, untreated wounds, and barriers faced in early recovery.

Our Housing Program includes ten low-barrier homes that provide structured, prosocial environments with access to free trauma therapy, cognitive behavioral therapy, and alternative therapies. Our Outreach Program, launched in 2019, now conducts more than 54 mobile events each month across six sites. Operating from outreach vans equipped with bathrooms, showers, and wound care stations, we provide clothing, food, hygiene kits, safer use supplies, wound care, safe sex kits, and more. Services also include showers, wound care, naloxone training, and referrals to additional care. Our Education Program focuses on overdose prevention and reversal, with training delivered to the public, businesses, places of worship, community buildings, and middle school, high school, and college students.

All three of our programs benefit from the recent opening of our Drop In Center, located in south Philadelphia nearby our Recovery Homes. Residents of our Housing program utilize the space for group therapy events such as Yoga, Kickboxing, and Recovery meetings. Neighbors, peers, volunteers, and community members visit the space for recurring training events, which include Overdose Prevention and Reversal training, Wound Care training, Volunteer training, and Community Listening Sessions. Staff utilize the space as an office, and storage space for Outreach supplies, and the preparation of distribution kits for Outreach events.

2. Funding request

- **Description of key initiatives**
- **Specific needs & issues to be addressed**

Mental health services are valuable in every community, yet in lower-income neighborhoods, access is often limited or unaffordable. Savage Sisters bridges this gap by ensuring all residents of our recovery homes receive free virtual therapy services. By funding both traditional talk therapy and trauma therapy, this program strengthens our community as a whole—because individual healing supports long-term recovery and builds healthier, more resilient neighborhoods.

Savage Sisters' Housing Program provides 57 beds across 10 recovery residences—8 in Philadelphia and 2 in Delaware County—offering structured, peer-supported environments designed for sustained recovery. Residents benefit from professional and alternative healing supports including trauma therapy, counseling, yoga, reiki, art therapy, and kickboxing. Each home is supported by a tiered staff model of program directors, property managers, and house managers, while residents commit to a code of conduct including random drug testing, curfews, recovery meetings, and weekly participation in therapy or alternative healing. This holistic model

187 Meredith Ave
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combines accountability, peer support, mental health services, and workforce development to address barriers faced in early recovery.

- **Why it is important to fund this now**

From 2022 through November 2025, therapy costs were covered by a three-year Van Ameringen Foundation grant. As we will not be eligible to reapply until November 2026, Savage Sisters must secure new funding to ensure uninterrupted access to therapy for all residents. This grant would provide a critical bridge funding needed to sustain these services, guaranteeing that residents continue to heal, recover, and contribute positively to their communities.

- **How impact & results will be demonstrated**

To provide therapy, we partner with Phoenix Center for Experiential Trauma Therapy and Gentle Force Counseling, both of which offer trauma-informed, low-cost services to our residents. So far in 2025, an average of 14 residents per week engaged in formal therapy, while others participated in alternative therapies. At \$75 per session, this equals approximately \$4,200 per month, or 56 sessions per month. Over one year, we expect to provide 672 sessions, requiring \$50,400 in funding. Savage Sisters staff receives records of attendance of our participants from the therapy providers we partner with. Savage Sisters staff will use these records to create reports documenting the number of participants that utilize therapy services paid for through this grant, how often they attend the therapy, and how long they remain in our Housing program. Therefore we will measure impact by determining how long the average individual that utilizes therapy services stays in our Housing program, and therefore how long they stay sober, as well as if they maintained gainful employment during that time.